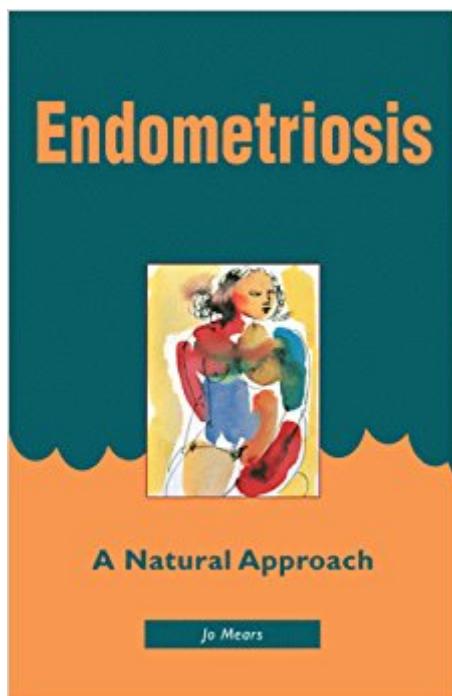


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# Endometriosis: A Natural Approach



## Synopsis

Endometriosis affects almost 20 percent of women in their childbearing years. Despite being a serious condition that can lead to ovarian cysts and infertility, the painful condition usually goes undiagnosed and untreated. Health writer Jo Mears shows how to take effective action, details strategies, and suggests alternative therapies for managing endometriosis.

## Book Information

Paperback: 120 pages

Publisher: Ulysses Press (December 1997)

Language: English

ISBN-10: 1569750882

ISBN-13: 978-1569750889

Product Dimensions: 8.5 x 5.5 x 0.5 inches

Shipping Weight: 6.4 ounces

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## Customer Reviews

Endometriosis: A Natural Approach is a solid resource, written in a clear, basic tone, for anyone who needs information about this widespread disease. Chapters cover all aspects of endometriosis, from what it is and what causes it, to diagnosis, natural therapies, and conventional treatments. Author Jo Mears has drafted detailed definitions of everything from Danazol to vagina, leaving no question unanswered. Her treatment of natural versus conventional remedies is precise and well balanced.

--Jhana Bach

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